

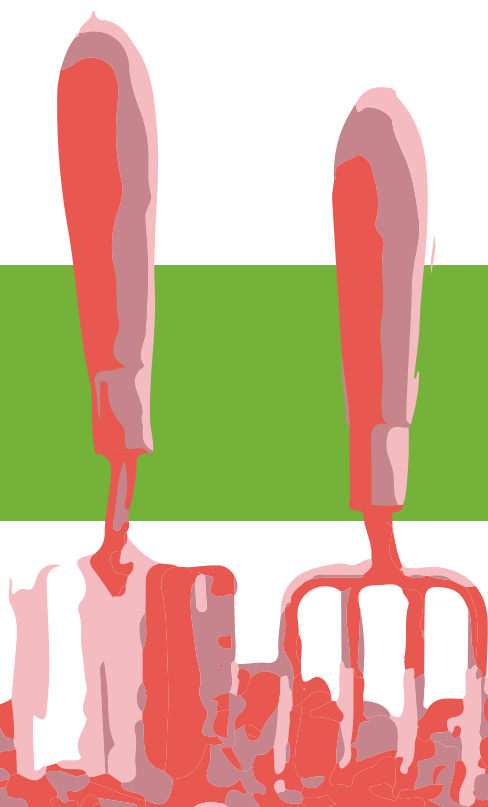


UGAIN

Urban **G**Ardens for the social
INtegration of migrants

Activity:

Art & craft for rehabilitation





Drawing, painting and sculpturing together. Organisation of an exhibition.



"Since many migrants have been involved in traumatic experiences in their home country, this is a good technique to process these feelings."

Activity file

1. Name of the activity

Art & craft for rehabilitation

2. Type of activity

Arts & crafts

3. Description of the activity

In the artistic activities, they work with drawing, painting and sculpture in various materials. In the studio, we also work with exhibition productions from idea to finished exhibition. We have a collaboration with the Adult education where we arrange exhibitions at the libraries in Kronoberg county. This includes everything from the exhibition layout and marketing to the finished product. The activity has 5 people as a maximum number. This for the teacher to be able to advise the participants when painting. The technique is to paint with acrylic painting this technique is easy to perform for the acrylic paint dries quickly and it is possible to paint over if

they want to change. This activity works well to practice outdoors in the garden and the light has a great impact when painting.

4. Competences and training needed

The leader of the activity is one of the teachers who has an artistic background. The teacher must be able to motivate people to present themselves in their painting. The teacher shows and helps the participants discussing together the different techniques, that are done in Swedish to teach the language.

5. Steps for the implementation of the activity

- When this activity starts with the groups, they are divided into groups of 5 people in each group. They sit together and go through the material. They look at books about painting and they discuss different painting techniques and read about different famous painters. The books are in Swedish and this becomes a learning tool for the migrants.
- Participants in this activity are usually beginners and they receive instruction from the teacher who gives them the first basics.
- Every year in April, when there are various events with art exhibitions in southern Sweden. The studio also has an exhibition for the works of its participants. They create an exhibition in the studio, where all works of art can be seen. . They have an opening of an exhibition which the public can visit and buy the artworks. This means that others see and leave opinions and have often had a positive impact on the participants. They feel strengthened and they get better self-confidence.

6. Materials and methods

- **Infrastructure:** It is good to have the garden space, then the participants can have a good place when they create their art.
- **Materials and human resources:** The teacher has an appraisal of materials, acrylic paint, brushes, canvas for acrylic painting. Acrylic paints dry quickly and is easy to control. The teachers have a base of materials, and as the course goes on, they complement these with colours, brushes and canvas.
- **Time/Workload:** The teachers run the art course twice a week with three lessons each time. The preparations are not difficult and the teacher together with the students helps to clean up after the lesson. It takes 20 hours a week to prepare and run art courses.

- **Costs:**

The cost of the basic material for acrylic painting is the purchase of the material that the students use when painting not only paint, brushes and canvas, even other things are added, there are needles, spatulas and aprons.

These costs are about 45 Euro per pupil, for the whole semester.

7. Learning outcomes for the participants

Some of the migrants have never painted before, they think it is a release to animate their feelings by being creative in their painting.

Partners

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University
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Technical University
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(Germany)
www.tum.de



anstiftung
(Germany)
www.anstiftung.de



On Projects Advising SL
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www.onprojects.es



Asociación Cantabria Acoge
(Spain)
www.cantabriaacoge.com



Folkuniversitetet
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www.folkuniversitetet.se



Social Farms & Gardens
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www.farmgarden.org.uk



GärtnerInnen der Welt kooperieren

Gartenpolylog
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www.gartenpolylog.org

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